

# April Newsletter

Estrella Foothills Global Academy

## A message from the Principal...

The end of the year is upon us. This time of year is always exciting, as the students get to demonstrate how much they have learned. AASA (Arizona's Academic Standards Assessment) testing is April 4-20th. Please ensure your students are properly fed and rested so they are able to do their personal best on these assessments. Free breakfast is served daily in the classrooms from 7:30-8:00 a.m.

We anticipate being able to have over 600 students participate in our free water day here on May 19th. In order for students to earn this free event, they must ensure they have met all criteria set forth in the agreement signed in March.

Looking to get involved? Our final PTA meeting of the school year will be May 3 at 6:00 p.m. in the library. New opportunities will be available for you to get involved in your child's education next year.

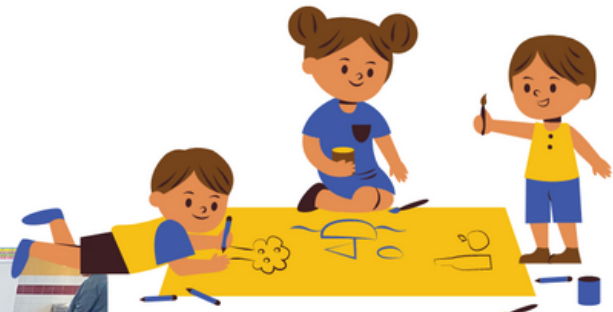
Thank you for your continued support of your child's education. If you ever have any questions or concerns, please don't hesitate to contact me.



# Developmental Preschool



## News



We are having so much fun in developmental preschool! We have been learning all about the color purple, the shape of a crescent and outer space. We had a fantastic family event at E.F.G.A. presented by science on wheels. Students and their families got to come and read stories and participate in hands on activities.

Next month we will be learning about the color brown, the shape of a rhombus and gardens and insects. Happy April!



# Kindergarten



Students had an Incredible time learning about the Plant life cycle and functions. They had opportunity to plant their own seed. Students will experience caring for the plants by watering them and making sure they get enough sunlight to grow.





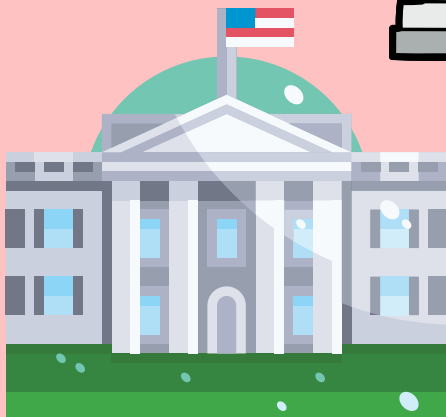
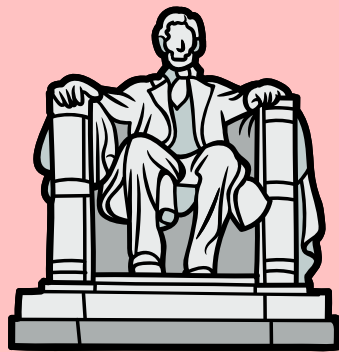
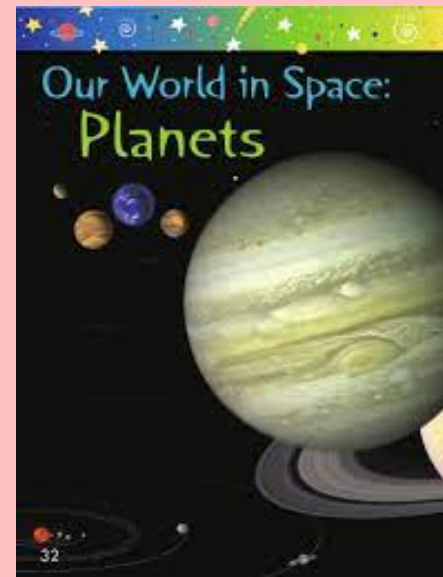
Mrs. Escobar, Mrs. Pierson, Mrs. Rodriguez

# FIRST GRADE NEWS

## ELA

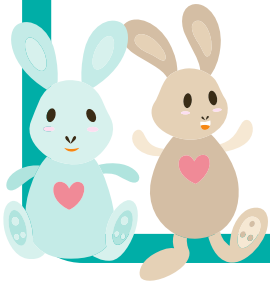
In First Grade, we are being Inquirers! This month, our ELA and Science are interconnect as we are learning about the moon, moon phase and planets.

In writing, we are exploring personal narrative with some hands on activity. These engaging activities include a virtual roller coaster, balloon hop game and many more.



## Social Studies

For Social Studies, we focused on learning about nine different American symbols. Students were able to use their background knowledge to make amazing connections. They were also able to be Global Learners by sharing their opinion about their favorite American symbol.



# 2nd Grade NEWS



## CORE CURRICULUM

Students are working hard learning Measurement and Data and Geometry. We are reviewing Operations and Algebraic Thinking daily as well.

In Reading, students will compare and contrast main ideas from two texts on the same topic. They will read about Johnny Appleseed in two texts about him.



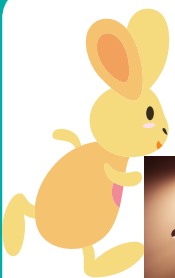
## Upcoming

Students are working hard to prepare for the upcoming NWEA Map Growth for both Reading and Math and AIMSweb Reading Fluency. You can be helping at home by reading with your child at home and reviewing key concepts your child is learning in class.



## EFGA Got Talent

We were thrilled to have several of our 2nd grade students show their talents in the first talent show.





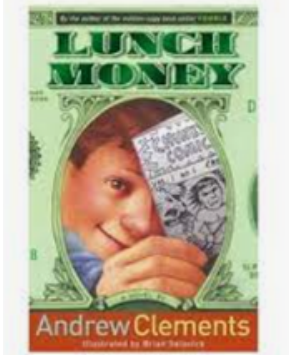
# 4th Grade News

Mrs. Lewis, Ms. Vail, Mrs. Vazquez

## Reading

We are reading a fiction book called Lunch Money by Andrew Clements.

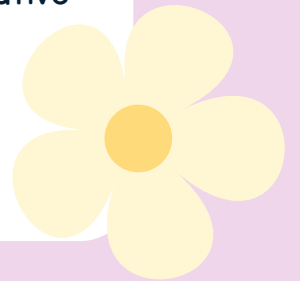
The students are engaged in the reading and are doing character analysis about the characters Greg and Maura in the story.



## Writing

The students are preparing for the upcoming writing AASA assessment this month.

We are writing both opinion and informative essays.



## Science

In science, they are learning about earthquakes and how they have an effect on people and Earth..

## Upcoming Tests

Writing AASA-April 4th  
Reading AASA-April 17th and 18th  
Math AASA-April 19th and 20th

## Math

The 4th graders are learning about both customary and metric measurement.



## Thank you!

We really appreciate all of your support! Thank you, families!



# News from Fifth Grade

## Science

This month students have been working hard to review their science concepts and getting ready for the AZSci test and our next NWEA test.

The science and engineering fair will focus on how the world works and making sense of scientific phenomena or compelling questions. All students will participate in this year's science fair. Groups will consist of 2 members only. Projects are due on April 25, 2023. EFGA's science fair will be held on April 26, 2023, from 5:00 - 6:00 in the gym.

## Important Dates

- AASA Testing
    - Writing Tuesday, 4th
    - Science, Wed and Thursday
  - ½ Day April 12th
  - AASA reading and math tests are week of April 17-20
- Bring headsets!

## ELA/SS

Our four remaining flocabulary scripts will have 15 words each. We're starting off April with the song Bottom of the 9th with the words: anguish / boisterous / capacity / commentary / continuous / cumulative / erupt / factor / inept / intimidate / marvel / maximum / painstaking / restrain / unanimous.

We're still reading Science Fiction stories and finding related informational space articles to read. With the books, we're still talking about characters, plot, theme, conflicts, and setting.

## Updates and News

AASA (Arizona State testing) is in early April! We're going to have a busy fourth quarter, so being here and ready to learn is essential. April 4th is our Writing and April 5th and 6th will be the AZSci TEST! (Science Test).

## Math

In math students are learning about geometry and measurement to help prepare for the AASA math test and the next NWEA Math Assessment. We practice length and weight.

Fun ways to practice at home would be to use flashcards to review multiplication and division fluency with speed. Make it a race! Students are continuing to practice their multiplication and division of fractions also.



# MIDDLE SCHOOL LOA

Ms. Reilly



## 6TH GRADE

MATH: VOLUME, SURFACE AREA, AND STATISTICS

ELA: CHARACTER, PLOT AND POINT OF VIEW

SCIENCE: EARTH-SUN-MOON SYSTEM

SOCIAL STUDIES: THE MIDDLE AGES

## 7TH GRADE

MATH: GEOMETRY AND PROBABILITY

ELA: TEXT EVIDENCE, FIGURATIVE LANGUAGE, PLOT

SCIENCE: WEATHER-ANALYZING PATTERNS & DATA

SOCIAL STUDIES: THE COLD WAR

## 8TH GRADE

MATH: GEOMETRY AND STATISTICS (SCATTER PLOTS)

ELA: INFORMATION TEXT ELEMENTS, TEXT STRUCTURE

SCIENCE: HUMAN IMPACTS ON THE ENVIRONMENT

SOCIAL STUDIES: WORLD WAR II





# Spring Newsletter

Ms. Adair



## THIS MONTH IN 4TH AND 5TH

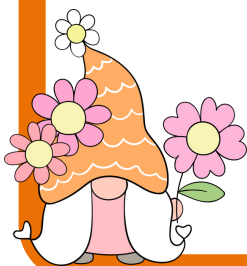
We worked on:

1. Writing persuasive and informative essays
2. Conversions in the metric and customary system
3. Making inferences in reading

## TESTING THIS MONTH

WE will be testing ELA, math, science and writing this month and next month

students should have their chromebooks, headphones, water bottle and a book





# Health & Wellness Corner



Did you know that April is National Stress Awareness Month? In the spirit of this time of year, we'd like to spread awareness about childhood stress. While stress pertaining to your children may get overlooked at times, they can still be affected by this force, just like adults.

## THE STRESS RESPONSE IN KIDS

### FIGHT

Yelling, Screaming, Using Mean Words

Hitting, Kicking, Biting, Throwing, Punching

Blaming, Deflecting Responsibility, Defensive

Demanding, Controlling

"Oppositional", "Defiant", "Noncompliant"

Moving Towards What Feels Threatening

Irritable, Angry, Furious, Offended, Aggressive

### FLIGHT

Wanting to Escape, Running Away

Unfocused, Hard to Pay Attention

Fidgeting, Restlessness, Hyperactive

Preoccupied, Busy with Everything But the Thing

Procrastinating, Avoidant, Ignores the Situation

Moving Away From What Feels Threatening

Anxious, Panicked, Scared, Worried, Overwhelmed

### FREEZE

Shutting Down, Mind Goes Blank

Urge to Hide, Isolates Self

Verbally Unresponsive, Says, "I don't know" a lot

Difficulty with Completing Tasks

Zoned Out, Daydreaming

Unable to Move, Feeling Stuck

Depressed, Numb, Bored/Apathetic, Helpless

## 5 TIPS FOR STRESS MANAGEMENT



Check in with your child regularly



Identify and reduce sources of stress



Take steps to improve sleep



Practice stress management techniques, such as stretching, meditation and exercise



Leave room in schedules for self-care, relaxation and fun

# Friendly reminder from the Health Office

## IMPORTANCE OF WATER



### HOW TO STAY HYDRATED

Your paragraph text



KEEP A BOTTLE OF WATER WITH YOU THROUGHOUT THE DAY



IF YOU DON'T LIKE THE TASTE OF PLAIN WATER, ADD SOME FLAVOR WITH FRUIT YOU LIKE, E.G. A SLICE OF LEMON OR MANGO



EAT HYDRATING FOODS LIKE WATERMELON, CANTALOUPE, OR CELERY MORE OFTEN.



DRINK ON A SCHEDULE IF YOU HAVE TROUBLE REMEMBERING TO DRINK REGULARLY.



DRINK WATER BEFORE, DURING, AND AFTER A WORKOUT. STAYING HYDRATED DURING EXERCISE IS VERY IMPORTANT



BALANCE OUT EACH DRINK OF ALCOHOL WITH A GLASS OF WATER.

### BENEFITS FOR HEALTH



IMPROVE YOUR PHYSICAL PERFORMANCE



INCREASE ENERGY LEVELS AND RELIEVE FATIGUE



IMPROVE YOUR COGNITIVE PERFORMANCE. BOOST YOUR BRAINPOWER



IMPROVE SKIN COMPLEXION



HELP YOUR WEIGHT LOSS



BETTER MOOD

# APRIL

Sun

Mon

Tue

Wed

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Fri

Sat

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KG & 8th Grade  
Portfolio Pictures

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PTA Meeting at  
6p.m.

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Sports & Clubs  
Pictures

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Early Release  
at 12:00p.m.  
Costa Rica Meeting at  
6:00p.m.

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Spirit Week!



AASA Testing - April 3-20

Gifted Family Night - April 25, in the Gym at 4:45-7:15p.m.

EFGA Science Fair - April 26, in the Cafeteria 5:00-6:00p.m.

Art Walk - April 27, 5:00-7:00p.m.

